

POPULAR KEYNOTE PRESENTATIONS AND TOPICS:

@ A 7 F8G 9BE FH668FF Z TRUE RESILIENCE and INSPIRATION

At any moment, life can throw adversity in our direction. Life is easy when we are winning and things are going our way. What defines our true character is during the losses and when we are faced with the impossible. True resilience and success, both personally and professionally, requires an intricate understanding of the mechanisms inside ourselves that allow us to navigate adversity. In developing this skill set, we can pursue and advance with unwavering courage, purpose, confidence and the strength of an open heart.



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Optimism, defined as hopefulness about the future and confidence in successful outcomes, is a key quality of emotional intelligence and critical to building and maintaining our resilience. Research has shown individuals who are high in optimism tend to be happier, more hopeful, have a positive attitude and outlook on life. What's more, optimistic individuals have the ability to remain positive despite setbacks, a crucial differentiator between successful leaders and others in the workplace. In this interactive presentation, you'll walk away with proven strategies and to be that driven and caring leader.

BUILDING HIGH-PERFORMING TEAMS IN THE 21st CENTURY...FOR PEAK PERFORMANCE

From the sports world to the boardroom, success is being able to build championship teams from top to bottom and across the organization. Becoming a manager and leader is one of the most challenging career transitions...it's no wonder more than 60% fail within the first 18 months or less. Leadership has changed dramatically, and to be a successful leader today, the way we lead people and teams successfully, has changed. Whether you are a manager, director, or sit in the C-suite, you will learn how to take your leadership skills, mindset, self-awareness, communication and more to the next level.

LEADING WITH GRACE THROUGH A CRISIS

Not many have ever experienced a time when resilience has been asked for such an extended period of time at an intense level. Leadership and being a great teammate is expected not just during times of uncertainty, but all the time. Hiring them and also how to recognize when a teammate is missing one or more of the critical qualities and how to develop that skill. Pam will share THREE TOP qualities an ideal team player must have.

THE X FACTOR: EMOTIONAL INTELLIGENCE

According to research, 70% of your culture is traced to the leader. High emotional intelligence is required for no matter the level of professional and is invaluable to business success. Leadership is influence and people buy into the leader before they buy into the vision. Developing self-awareness, managing relationships, taking ownership, managing stress, and being confident in making difficult decisions are expected.

Pam dives deep into core attributes of what separates good leaders from extraordinary ones. She incorporates these characteristics into leadership approach so you can motivate your people and teams.